



Pravaah 2018

@ IIM Lucknow, Noida Campus



3 KM
Marathon



Basketball
Volleyball



7A-side Football

TO REGISTER:

NIVESH - 9444851975

ANSHUMAN - 9899456019

Mail: sportsnc@iiml.ac.in

Dates: 29 & 30th September, 2018

Entry Fee for each Sport:

SPORT	ENTRY FEE	TEAM SIZE	TOTAL TEAMS PERMITTED
7-a-side Football	6000 INR per team +GST as applicable	12 member team (including subs and reserves)	16 teams
Basketball	4000 INR per team +GST as applicable	10 member team (including subs and reserves)	8 teams
Volleyball	4000 INR per team +GST as applicable	10 member team (including subs and reserves)	8 teams
3 Km Mini Marathon	Rs 500/- per athlete +GST as applicable	Individual sport	30 athletes

Salient Information:

- IIM Lucknow is a great place to connect. A widespread sports event at such an esteemed venue shall surely lead to positive vibes between participating corporates, professors and students alike.
- The event will take place throughout the day and in the evening on 29th and 30th September 2018 inside our campus. The fixtures for all team sports will be finalized after registration date closes.
- The 3km mini marathon will be taking place inside our beautiful campus at Sector 62, Noida.
- The total number slots available for participation in team events as well as individual events is limited. With such a large pool of interested participants, we request you to kindly register your teams well before hand. The total number of permitted teams will be subject to constraints of match timings and scheduling and slots will be filled on first-come-first-serve-basis.
- Players should be permanent and fulltime employees for the corporates.
- Proof of employment will be asked for during registration.
- No player can play for more than one team.
- Trophies and medals will be awarded to the teams and individuals for their performance in each sport.
- To confirm registration for the event, send us a written communication in mail sportsnc@iiml.ac.in. We shall communicate the mode of payment(NEFT/RTGS) and required payment account details for IIM Lucknow Noida Campus. Only when the fee is received the final participation of the team will be confirmed.
- Contact details of all participating players will have to be shared with the organizers and event sponsors for promotional purposes.
- Rule books for individual as well as team sports will be sent in second week of September.
- In case of any dispute/clarification the decision of Sports Committee will be considered as final.

- For any queries on details regarding the event, kindly call Anshuman or Nivesh according to the contact details in the poster shown above.
- Your participation is earnestly expected. Please feel free to know more about the event and join hands with IIM Lucknow in this upcoming venture to keep the essence of sports alive and kicking within the nerves of the business world.

Rules and Regulations for Pravaah-2018

FOOTBALL

1. Each team will have 7 players on the field and 3 substitutes. Total team size would be 12 members: 7 players, 3 substitutes and 2 reserves.
2. 15 minutes each half with a 5 minutes break between the halves.
3. In the group, each team will get to play league matches. Points distribution will be: WIN – 3 points, LOSS – 0, DRAW – 1 point for each team.
 - Team, which scored higher total goals, will be ranked higher.
 - If there is tie in higher total goals, team which conceded total lower goals will be ranked higher.
 - In case, after following the above two the tie is not resolved, then Penalty shoot out will be held.
4. Semis and Finals will be decided on Penalty shoot out if the score line is tied after normal time and one extra time of 5 minutes.
5. Players will not be allowed to wear metal studs or metal spikes. Rubber studs or Football shoes are allowed.
6. The decisions on the field are at the discretion of the Referees. Foul play is not advised keeping the fair play spirit in mind. Two yellow cards in a single match would amount to Red card resulting in the player missing the next match and ongoing match also.
7. Substitution: 2 Player Substitution and 1 Goalkeeper substitution will be permitted during the course of the match. Player substituted cannot come to play again in the same match.
8. All the teams will have to adhere to the following rules.
 - a) The players should all be permanent employees of the organization or of inter-connected companies within a particular group.
 - b) Proof of employment will have to be produced by all the participants if asked for by the organizers.
 - c) No player can play for more than one team

VOLLEYBALL

1. Each team will have 6 players on the field and 2 substitutes. Total team size would be 10 members: 6 players, 2 substitutes and 2 reserves.
2. The game will finish when one team reaches 25 points first with a difference of at least 2 points. In case the difference is less than 2 points when one team has reached 25 points then the game will be continued till there is a difference of 2 points between the teams.
3. Scores will be added in increments of 1 whenever the ball hits the ground.
4. In the group, each team will get to play league matches. Points distribution will be: WIN – 3 points, LOSS – 0, DRAW – 1 point for each team.
 - Team, which scored higher total points, will be ranked higher.
 - In case there is a tie between two teams in terms of points, then the team with lower points scored against will be ranked higher.
 - In case, after following the above two the tie is not resolved, then the team which won the head-to-head match will be ranked higher.
5. Players will not be allowed to wear anything that can hurt players during the play.
6. The decisions on the field are at the discretion of the Referees. Foul play is not advised keeping the fair play spirit in mind.
7. Personal Fouls, technical Fouls, double dribble, 3-second violation, back-court, carrying, travelling, blocking, charging etc. remains as is and will be clarified on field if required.
8. A maximum of 5 personal fouls will be allowed for any individual player in the entire match.
9. Maximum of 5 personal fouls will be allowed for any team in any quarter
10. All the teams will have to adhere to the following rules.
 - a) The players should all be permanent employees of the organization or of inter-connected companies within a particular group.
 - b) Proof of employment will have to be produced by all the participants if asked for by the organizers.
 - c) No player can play for more than one team.

BASKETBALL

1. Each team will have 5 players on the field and 3 substitutes. Total team size would be 10 members: 5 players, 3 substitutes and 2 reserves.
2. FOUR Quarters of 6 minutes each with a 3 minutes break between each quarter. Half time will be after the 2nd Quarter. In addition, each team will be allowed to take 1 number of time outs of 2 minutes.
3. Scores will be added in the order of 1,2 or 3 respectively for free throws, 2-pointer and 3-pointers.
4. In the group, each team will get to play league matches. Points distribution will be: WIN – 3 points, LOSS – 0, DRAW – 1 point for each team.
 - Team, which scored higher total points, will be ranked higher.
 - If there is tie in higher total goals, team that will have higher total cumulative points will be ranked higher.
 - In case, after following the above two the tie is not resolved, then Free Throw-shoot (by any five players) out will be held.
5. Semis and Finals will be decided on Free Throws shoot if the score line is tied after normal time and one extra time of 6 minutes.
6. Players will not be allowed to wear anything that can hurt players during the play.
7. The decisions on the field are at the discretion of the Referees. Foul play is not advised keeping the fair play spirit in mind.
8. Personal Fouls, technical Fouls, double dribble, 3-second violation, back-court, carrying, travelling, blocking, charging etc. remains as is and will be clarified on field if required.
9. A maximum of 5 personal fouls will be allowed for any individual player in the entire match.
10. Maximum of 5 personal fouls will be allowed for any team in any quarter, after these free throws will be given to opponent.
11. All the teams will have to adhere to the following rules.
 - d) The players should all be permanent employees of the organization or of inter-connected companies within a particular group.
 - e) Proof of employment will have to be produced by all the participants if asked for by the organizers.
 - f) No player can play for more than one team.

3km Mini Marathon

1. Entrants are required to abide by the Race Rules and marshals' directions.
2. Runner numbers will be allocated to each registered runner. Any runner who competes in another person's race number will be disqualified.
3. The race organizers reserve the right to refuse or cancel applications, including duplicate applications, or alter the date of the event, the course route or distance
4. The race organizers, sponsors, charities, suppliers and/or their agents will not be liable for any injury, loss or expense which may arise in consequence of your participation in this event save as to negligence
5. There is a cut off time for the start – if you arrive later than the scheduled reporting time you will not be allowed to cross the start line.
6. The Pravaah Marathon is a 2-lap course and runners must complete the 2 laps to be designated as finisher. The first lap will be at 1.5 kilometre mark.
7. Race marshals and medical team members have the authority to disqualify and remove any runner they consider to be acting dangerously, or to be unfit to compete.
8. Runners are required to give assistance to fallen runners, and to report any casualties immediately to the nearest first aid post or race marshal
9. In the event of any dispute the decision of the Race Referee and Race Director shall be final
10. Runners are required to run in shoes. Goggles and earphones are optional and may be used by the runners.
11. Overtaking is allowed and must be done without causing obstacles to the fellow runners.
12. All the teams will have to adhere to the following rules.
 - a) The runners should all be permanent employees of the organization or of interconnected companies within a particular group.
 - b) Proof of employment will have to be produced by all the participants if asked for by the organizers.

MEDICAL ADVICE: If you suffer from any form of medical condition you must mark the front of your number with a prominent waterproof cross. Please give brief details of your medical condition and what medication you take on the reverse of your number.